

LET'S TALK IT OUT



**COMMUNITY
PROGRAMME**



FREE Talk Club for Men (18+)

A private space for open minds and honest conversations — a space for sharing, listening, and growing together.

Free food & refreshments will be provided

Friday's | Starts 20th June
1:00pm – 2:30pm

**The Community Room
Westminster TARA**
53 Westminster Crescent
S10 4EU

Drop-in session, no booking required.



For more information, please contact:
health@swfc.co.uk

    @swfccp